**1.0 Program/Services Title: Medical Services/24 Hour/Residential Services**

**1.1 Mission:** To provide quality behavioral healthcare, wellness and human development to the people we serve.

**1.2 Service Description: SUPERVISED GROUP HOMES**

24 Hour/Residential Services/ Group Homes provide a supportive home-like residential environment with 24 hour supervision, personal assistance, training in Activities of Daily Living, life safety training and a full range of psychosocial services for those suffering from serious and persistent mental illness and those with serious behavioral problems necessitating long-term care. There are three group homes located in Terre Haute and one located in Indianapolis. There are co-ed group homes in both Terre Haute and Indianapolis serving men and women with chronic mental illness. Terre Haute also has a group home exclusively serving men with a chronic mental illness and another exclusively serving women with chronic mental illness. All served are at least 18 years of age.

**1.3 Service Philosophy**

As identified by the staff:

We believe in the treatment of persons with serious and persistent mental illness in an authentic, least restrictive environment which is community-based and enhances societal integration.

**1.4 Group Home Admission/Continuing Care/Discharge Criteria:**

|  |  |  |
| --- | --- | --- |
| **Admission**  **Criteria** | **Continuing Care**  **Criteria** | **Discharge**  **Criteria** |
| At least 18 years of age | Making progress on identified goals | Resident and treatment team feel that the resident has learned the necessary skills to move to a less restrictive environment |
| Have a functional impairment in thought, mood, and behavior. May also have a co-occurring substance abuse problem. | Necessary skills to live independently in the community have not been attained | Resident relocates to another community |
| Be admitted with the documented approval of the attending psychiatrist or judge | Moving the resident to another less restrictive level of care would pose a threat to the resident or others | Resident chooses to leave the group home of his/her own accord and is not considered a danger to self or others |
| Have a psychiatric disturbance which is considered treatable in the group home | Resident needs a structured environment in order to maintain an optimal level of functioning | Resident decompensates and requires longer term care or more intensive care |
| Not currently intoxicated on substances |  |  |
| Expressing no suicidal or homicidal ideation or behaviors which would endanger self or others |  |  |
| Has a mental illness that should not be so severe as to interfere with maintaining a therapeutic milieu for the other residents |  |  |
| Not be enrolled in a public or private educational system |  |  |
| Physical condition must be manageable |  |  |

**1.5 Service Description: SUB-ACUTE FACILITY**

Sub-Acute is a locked, residential facility that is less restrictive than an in-patient psychiatric unit. Twenty-four (24) hour supervision is provided. It can serve up to fifteen (15) men and/or women, in total. Services are provided as post psychiatric hospitalization intervention or as an alternative to hospitalization. Services provided include personal assistance, training in Activities of Daily Living (ADLs), life safety training and a full range of psychosocial services for those in an acute stage of his/her mental illness.

**1.6 Sub-Acute Admission/Continuing Care/Discharge Criteria:**

|  |  |  |
| --- | --- | --- |
| **Admission**  **Criteria** | **Continuing Care**  **Criteria** | **Discharge**  **Criteria** |
| At least 18 years of age | Making progress on identified goals | Resident and treatment team feel that the resident’s illness has stabilized and that resident has learned the necessary skills to move to a less restrictive environment |
| Have a functional impairment in thought, mood, and behavior. May also have a co-occurring substance abuse problem. | Necessary skills to live independently in the community have not been attained | Resident decompensates and requires longer term care or more intensive care |
| Be admitted with the documented approval of the attending psychiatrist or judge | Moving the resident to another less restrictive level of care would pose a threat to the resident or others |  |
| Have a psychiatric disturbance which is considered treatable in the sub-acute setting | Resident needs a structured environment in order to maintain an optimal level of functioning |  |
| Not currently intoxicated on substances |  |  |
| Expressing no suicidal or homicidal ideation or behaviors which would endanger self or others |  |  |
| Has a mental illness that should not be so severe as to interfere with maintaining a therapeutic milieu for the other residents |  |  |
| Not be enrolled in a public or private educational system |  |  |
| Physical condition must be manageable in the Sub Acute setting |  |  |

**1.7 Assessment, Treatment Planning and Review:**

A psychiatric assessment is completed prior to, or immediately upon, admission. A comprehensive initial assessment is available upon admission or completed upon admission. A nutritional assessment is completed after admission. ADL and case management assessments are completed following admission. A physical health assessment, including medical history, physical examination and TB test, is completed prior to admission, whenever possible, and no later than three months after date of admission. The health assessment is reviewed and signed off by a medical doctor.

Person-centered, individualized treatment plans are developed by the treatment team with the consumer identifying specific problems to be addressed with specific goals, objectives and interventions related to each problem. Treatment plans are reviewed and updated quarterly. ADL assessments are updated annually and reviewed quarterly, or more frequently if needed. Physical and dental exams are obtained at least annually, and nutritional assessments are reviewed on an as needed basis.

**1.8 Special Activities/Services:**

The following services are provided by Hamilton Center, Inc. and utilized by the consumer on an as needed basis: psychological testing, nursing services, recreational therapy and nutritional assistance. Other special services utilized within the community include: medical and dental services, other medical specialists, vocational rehabilitation, adult education, and therapeutic services such as occupational therapy, physical therapy, podiatry, and optical services. Other community services accessed include Alcoholics Anonymous (AA), Narcotics Anonymous (NA), and National Alliance on Mental Illness (NAMI) groups.

**1.9 Treatment Modalities/Interventions:**

Group and/or Individual Skills Training in Activities of Daily Living

Group and/or Individual Psychotherapy or Counseling

Group and/or Individual Medication Training and Support

Case Management

Addictions Treatment

Emergency Evacuation Instructions

Crisis Management

**1.10 Staffing**

Mental Health Technicians

Patient Care Specialists

Care Managers

Transition Specialist

Therapists

Nurses

Program Supervisors